## about Us



Our mission is to provide our clients with affordable private home health care services and support in a home-based environment. By providing your loved one with quality in-home care, your loved one will be in an environment that is familiar, reducing stress and allowing him/her to maintain the level of independence they are accustomed to. In partnership with clients, staff, and community, we are committed to providing quality assured, outcome based healthcare services.

We know that the need for care varies from client to client - every situation is different. That's why each one of our care plans is customized to fit the situation and can be changed as needs change. Whether you need immediate long-term 24-hour care or transportation to a doctor's appointment, #1 Homecare can provide the service promptly and efficiently.



One Stamford Plaza 263 Tresser Boulevard 9th Floor Stamford, CT 06901 Phone: (203) 901-1112 Tollfree: (866) 548-5611 Fax: (855) 300-6591 Lic. # 0000680



# 1 HOME CARE PROFESSIONALS & HEALTH CARE STAFFING LLC

# Helping you live your life at home



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## Our Services

#### **Personal Care**

We can provide you or your loved one assistance, and direction with all your personal care like eating, hygiene care, dressing, maintaining mobility, toileting, continence care, and taking medication.

#### **Companion Care**

Providing transportation to the theater, doctor, church or coffee shop is one of the many senior companion services. Companion care is available for one to 24 hours. It's an excellent choice for seniors who live alone or don't have a lot of family and friends nearby.

#### Live-In Care

Live-in care provides around-the-clock supervision and companionship in the security and privacy of your own home. Your caregivers, matched to you by personality along with life and work experience, are present day and night to provide professional, reliable and compassionate care.

#### Tuck In & Tuck Out

Sometimes a little help goes a long way. This program includes 2 hours of service in the morning and 2 hours at night with personal care assistance getting ready for the day and ready for bed.

#### **Hospital to Home Concierge**

We will help with transportation, meal preparation, picking up medicine, comfort care, grocery shopping, errands, tidying up the home, and calls to family.

#### Post Operative / Cosmetic Surgery

Certain procedures require specific after-surgery care. Specially trained caregivers assist with cold compresses, applying ointments, and other personal care needs.

#### **Transportation & Errand Service**

We can help with trips to the doctor, picking up medicine or groceries, even shopping for gifts. Help for your loved one is just a phone call away.

#### Alzheimer's Care

Loved ones with Alzheimer's and other dementia have specific care and safety needs. We have specialized caregivers trained in accident prevention, personal care/hygiene, nutritional monitoring, family reporting, and maintaining consistent routines for client stress reduction.

#### **Client Care Advocate Program**

When you cannot be there for a family member residing in assisted living, hospital or rehabilitation facility, we can bridge the gap.





# Why choose us?

#### **Client-focused Care**

Client safety, independence and confidentiality are our top priorities. We're entirely focused on your needs, whether they involve us for a few hours a week or on an around-the-clock basis.

#### 24/7 Day or Night

When you need us, we'll be there. Our phones are answered by # 1 Home Care staff - never an answering service - 24 hours a day, 7 days a week.

#### **Providing answers & support**

We understand that choosing a home health provider is an important decision that will impact your loved one's life as well as your own. We're here to answer any questions you may have and provide support throughout the process.

#### Caring, Professional Staff

Careful screening and ongoing training ensure that our staff are the most personable, informed, and professional providers in the field.

#### **Caregiver/Client Compatibility**

We work hard to match clients with compatible caregivers.

#### No Obligation, Assessment

One of our registered nurses is available to visit your home and assess your healthcare needs, **FREE OF CHARGE.** 

www.number1homecare.com